



What happens if I get injured at work?

Law protects your health, safety and well-being at work.



When you're working you must:

- Be careful about your own health and safety
- Look out for others' health and safety too
- Follow any safety instructions your employer gives you and
- Follow all the safety rules your employer has in place.

You have the right to work in a safe place. This means you should have safe equipment and training on how to work safely.

Workers' compensation

If you're hurt at work, may be able to receive money from your employer's insurance to help with the injury. This is called 'workers' compensation'.

Injuries can be physical or psychological. With workers' compensation, you can get money to cover lost wages and medical expenses. Even if you're an unpaid intern, volunteer or apprentice you might still be eligible.

Note – YFS cannot give advice on these types of issues, which are also known as 'personal injury'. However, if you experience an injury at work, you get more information from the [WorkSafe Queensland](https://www.worksafe.qld.gov.au) website.



WorkSafe Queensland
[worksafe.qld.gov.au](https://www.worksafe.qld.gov.au)

WHERE TO GET HELP



YFS LEGAL

Phone: (07) 3826 1599

Email: legal@yfs.org.au

Website: yfs.org.au/working-and-the-law

This Centre is accredited by



Community Legal Centres
Australia

- This is general information only.
- It is not intended to give individual legal advice.
- Each person should seek independent legal advice relating to their special circumstances.
- We do not accept responsibility for any loss or damage caused to anyone who relies on the information in this info sheet.



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